



PROPSTRA AQUATIC CENTER

605 N Devine Road Vancouver, WA 98661

Propstra will be **CLOSED** June 20th for the Juneteenth Holiday

McLoughlin Middle school will be in Lanes 4-6 May 31st to June 10th

Schedule starts May 31st, 2022 and is subject to change without notice.

Admissions	CONTACT INFO	General Facility Guidelines	Ratios
Adult (18 - 64 years old) \$5.00 Youth (4 - 18 years old) \$4.00 Senior (65+) \$3.00 VPS Employee \$3.00 Child 3 and under (0-3) \$3.00 Family (Maximum 5, no more than 2 adults, must all reside at same address) \$15.00	360-313-3625 Visit us vansd.org/propstra-aquatic-center  Find us on Facebook	<ul style="list-style-type: none"> ALL children under the age of 16 MUST have a parent or guardian (18 years or older) while at Propstra Do not leave your child(ren) at Propstra unsupervised. Children under the age of 7 must have a parent within' arms reach at all times.	For parents/guardian attending a swim with multiple children the ratios for parent/guardian to child are listed below. 1 adult : 3 children (under the age of 7) 1 adult : 10 children (7 and older) 1 adult : 4 children (combined ages)

Monday	Tuesday	Wednesday	Thursday	Friday
Public Swim 7:15 am - 8:15 am	Public Swim 7:15 am - 8:15 am	Public Swim 7:15 am - 8:15 am	Public Swim 7:15 am - 8:15 am	Public Swim 7:15 am - 8:15 am
Public Swim 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed	Public Swim 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed	Public Swim 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed	Public Swim 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed	Public Swim 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed
Public Swim 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool	Public Swim 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool	Public Swim 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool	Public Swim 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool	Public Swim 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool
Public Swim 11:00 am - 12:00 pm	Public Swim 11:00 am - 12:00 pm	Public Swim 11:00 am - 12:00 pm	Public Swim 11:00 am - 12:00 pm	Public Swim 11:00 am - 12:00 pm
Public Swim 12:15 pm - 1:15 pm	Public Swim 12:15 pm - 1:15 pm	Public Swim 12:15 pm - 1:15 pm	Public Swim 12:15 pm - 1:15 pm	Public Swim 12:15 pm - 1:15 pm

Public Swim Instructions	General Safety Guidelines	FITNESS CLASSES
<ul style="list-style-type: none"> Please arrive swim ready Show up 5 minutes before the public swim time Go to the front desk to pay. (Card preferred or exact currency) Go to appropriate locker room to shower. Get out of the pool at designated time Please exit through side door 	<ul style="list-style-type: none"> Stay home if you are sick If you or someone in your group begin to feel sick at the pool, please go home Mask are recommended 6 feet social distancing is encouraged. Wash your hands frequently with soap and water for 20 seconds. 	AQUA POWER CLASS Monday thru Friday from 8:30 to 9:15 AM which is a full body workout focusing on Cardio Core. GENTLE MOVES CLASS Monday thru Friday from 9:45 to 10:30 AM which is a full body workout focusing on Core Stabilization.